

# WEDMORE BEAUTY LOUNGE

Organic Spa Treatment Menu '24

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# ORGANIC & VEGAN

Spa Quality Product Houses

**Pinks Boutique** is a results driven, organic spa skincare range. You can trust it's genuinely natural and organic. If you're not willing to compromise on the quality of ingredients you put on your skin, just like the ingredients you choose to eat, then Pinks Boutique's exquisite skincare is for you!

**Terre Verdi** is another effective organic skincare range that's been formulated with both family and the environment in mind, using the very best organic ingredients to nourish and care for your skin.

**Tabithia James Kraan** organic haircare range is the result of many years of studying ancient rituals, herbs, organic & biodynamic growing practises and immersion into the complex world of green chemistry.



Soil Association Organic Certification / Cruelty-Free / Vegan

# ORGANIC FACIALS

## ROSA AWAKENING

The Rosa Awakening- an organic explorative facial, suitable for all skin types. It's nourishing and restorative, giving your skin its luminosity back, leaving you feeling radiant. An ideal beginners facial or for those in need of some extra professional guidance on organic skincare.

## BARE ROOTS

This signature Bare Roots facial works on the underlying foundations of skin health, using a combination of massage, pressure points and tailored Face Yoga techniques that will leave your complexion toned and glowing. Learn the knowledge for lasting skin health, and receive a free Face Yoga home workout chart on your first 60min facial.

## MATURE ROSE

This luxurious Mature Rose organic pro-ageing facial uses super-charged rosehip which is scientifically proven to reduce signs of sun damage, ageing, and hyperpigmentation. Your skin will be boosted with bespoke natural face-lift massage techniques, advanced skincare and pressure points applied to encourage lymph drainage. All will leave your complexion visibly brighter, hydrated and nourished!



# SPA QUALITY

TREATMENTS FOR MEN & WOMEN

# ORGANIC MASSAGE

## AROMATHERAPY

A deeply relaxing organic Aromatherapy massage begins with an aroma inhalation, followed by a unique treatment tailored specifically to your needs which will leave you feeling well rested, balanced and restored.

## PREGNANCY

This organic Pregnancy massage will nurture your mind, body & bump. Pinks Boutique Organic Rose Face & Body Oil keeps the skin supple and helps prevent stretch marks. Traditional aromatherapy massage techniques help to relieve deep stress and tension. Only available during the 2nd and 3rd trimester, and after birth when breast feeding.

## DEEP TISSUE

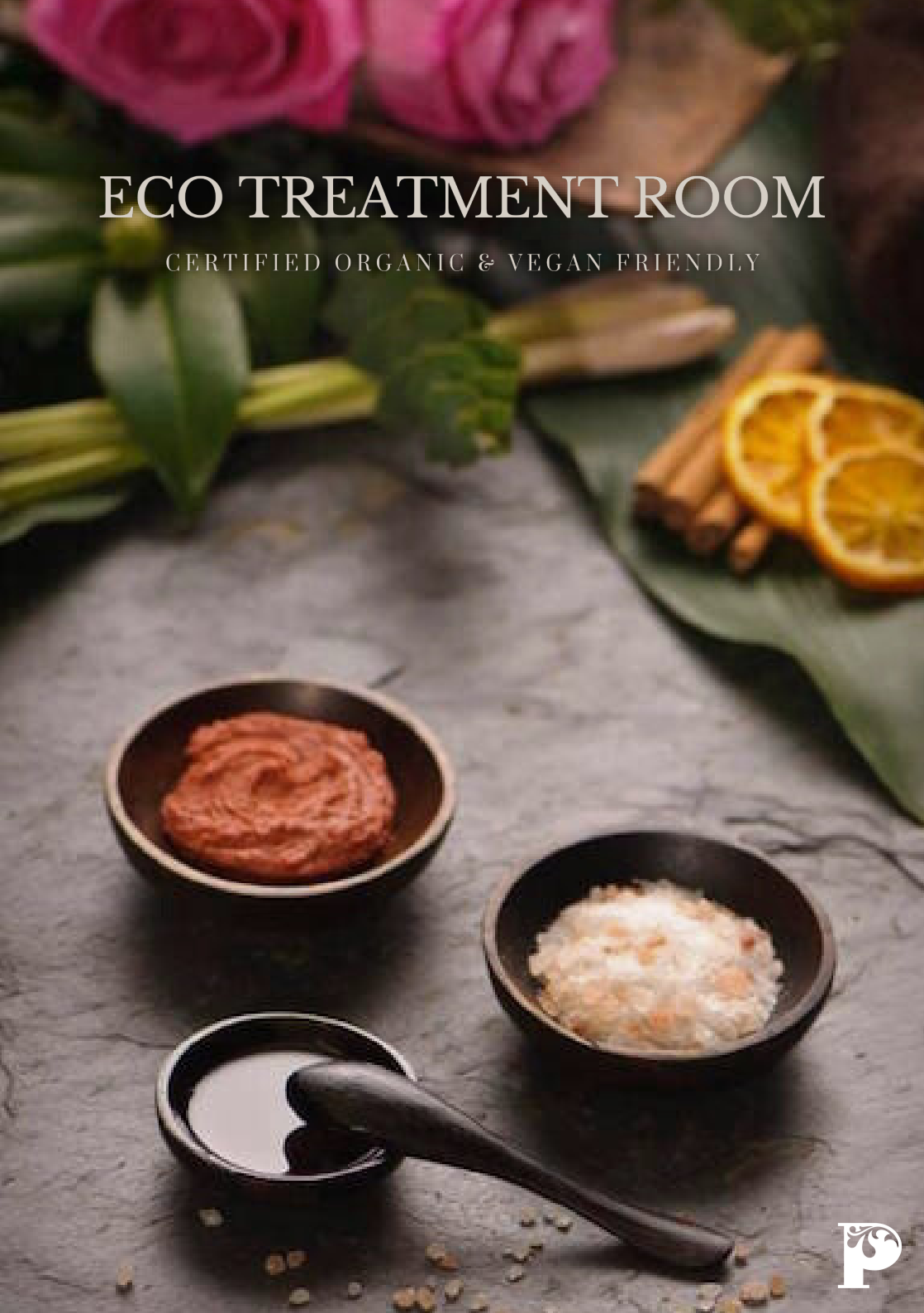
An effective targeted massage with a difference. Perfect pre or post a gym session or sports event, or when ever you're experiencing muscular aches and pains. This tailored massage uses advanced techniques taken from Thai massage, sports massage, Yoga and can include use of a G5 machine – leaving you feeling inches taller!

## SCULPT

Improve your circulation with this tailored cellulite reduction treatment. Advanced massage techniques and a G5 massage machine are used to get effective results.

# ECO TREATMENT ROOM

CERTIFIED ORGANIC & VEGAN FRIENDLY



# ORGANIC HOLISTIC RITUALS

## DELUXE INDIAN HEAD MASSAGE

Indian Head Massage is based in Ayurvedic healing, releasing accumulated stress within the mind and body (shoulders, neck, head and face). A relaxing and effective treatment which helps tone muscles, relieve eyestrain, headaches, improve concentration and boosts your immune system. This deluxe treatment includes a mini organic facial to brighten and revive your skin. Upgrade and extend your head massage even further with the Organic Rose Hand Ritual.

## DELUXE REFLEXOLOGY

The art of reflexology dates back to Ancient Egypt and is based on the principle of reflex zones in the feet which correspond to parts of the body, linked by energy pathways. By stimulating the energy pathways it awakens the body's own potential to heal both physically and emotionally, and inducing a sense of balance and harmony. This deluxe treatment includes an organic foot scrub and heated foot mask to revive your feet. Upgrade and extend your foot massage even further with the Amber Rose Hair Ritual.

## DELUXE THAI FOOT MASSAGE

Thai Foot Massage was developed by Buddhist monks in Thailand as a healing modality 2500 years ago, working on Sen Lines from the Ayurvedic tradition. Working these Sen Lines on your feet and lower legs increases flexibility, relieves tension, boosts the immune system and balances the body's energy systems - similar to the practice of acupuncture, acupressure and shiatsu. This deluxe treatment includes an organic foot scrub and heated foot mask to revive your feet. Upgrade and extend your foot massage even further with the Organic Rose Hand Ritual.

# SPA RIRUALS

FOR MIND & BODY



TK<sup>®</sup>  
TABITHA  
JAMES KRAAN  
SCENTED ORGANIC  
HAIR OIL  
| AMBER ROSE |  
ORGANIC SEA BUCKTHORN, ROSEHIP,  
SAFFLOWER, GOJI BERRY AND ARGAN  
INFUSED WITH ESSENTIAL OILS OF  
ROSE, PATCHOULI AND YLANG YLANG  
30ml / 1.0 fl. oz.



TABITHA  
JAMES KRAAN

# ORGANIC SPA RITUALS

## BACK RITUAL

Targeted back treatment - exfoliating and detoxifying treatment that begins with a dry body brushing, followed with body wash and body scrub to boost your skins health and circulation. Ideal ritual prior to a massage treatment.

## AMBER ROSE HAIR RITUAL

Melt away stress and tension with this aromatherapy scalp massage and allow the restorative hair treatment to work its magic. The Tabitha James Kraan Organic Amber Rose Hair Oil is uplifting, nutrient-rich, and beautifully aromatic. A little pot of opulence; a big hug for your hair. Ideal ritual to upgrade a facial.

## ROSE HAND RITUAL

This luxury beauty ritual begins with your hands submerged in a beautiful copper bowl amongst a soak of mineral crystals, fresh organic lime slices and organic rosebuds. A deep cleanse of the hands, a Rosehip scrub, and then your hands are massaged with a Rose Clay Mask, followed by cuticle oil, and concluding with a generous layer of luxurious Rose balm. Polish, nail and cuticle work is excluded from this treatment.

# ORGANIC SPA RITUALS

## CELLULITE RITUAL

Targeted treatment on the back of the thighs, bottom, hips, and lower back. A deeply detoxifying treatment that begins with a dry body brushing, followed with lemongrass body wash and body scrub to boost your circulation. The detoxing lemongrass oil and balm are then massaged in to continue working under the skin and on the skin's appearance. Ideal ritual prior to the Cellulite Massage.

## BODY RITUAL

A complete mind and body delight that takes you on a journey of the senses: body brush, body scrub, body balm cocoon wrap, finishing with a scalp and face massage that will leave you feeling lifted and refreshed. The ultra gentle Rosehip kernels remove dead skin cells polishing the surface to reveal fresher looking skin, which is visibly brighter, smoother and refreshed. Ideal ritual prior to any massage or facial treatment.

# KAYE SQUIRE

Wedmore Beauty Lounge

**BY APPOINTMENT ONLY**

Monday - Friday  
10am - 3pm

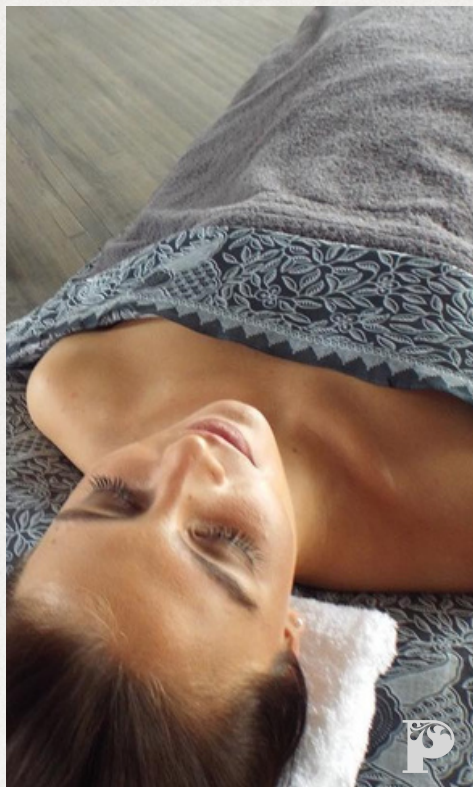
## **Booking Request**

Contact Kaye directly for all enquiries. Advanced payment is required in full to secure your appointment. Find the full T&C's and 48hr Cancellation Policy at [www.WedmoreBeautyLounge.co.uk](http://www.WedmoreBeautyLounge.co.uk)

**07931 645555**

[Kaye@WedmoreBeautyLounge.co.uk](mailto:Kaye@WedmoreBeautyLounge.co.uk)

16 Cross Farm Green, Wedmore,  
Somerset, BS28 4EY.



Facebook / Instagram / Youtube

# TREATMENT PRICE LIST

## FACIALS

Rosa Awakening	30 / 60 mins	£44 / £69
Bare Roots	30 / 60 mins	£44 / £71
Mature Rose	60 / 90 mins	£75 / £105

## MASSAGE

Aromatherapy	30 / 60 mins	£40 / £64
Pregnancy	30 / 60 mins	£40 / £64
Deep Tissue	30 / 60 mins	£44 / £68
Sculpt	30 / 60 mins	£44 / £68

## HOLISTIC

Indian Head Massage	90 mins	£96
Thai Foot Massage	90 mins	£96
Reflexology	90 mins	£96

## SPA RITUALS

Exfoliating Back Ritual	30 mins	£40
Amber Rose Hair Ritual	30 mins	£40
Rose Hand Revive Ritual	30 mins	£44
Detox Cellulite Ritual	30 mins	£44
Full Body Ritual	30 mins	£69

Bespoke Packages & E-Gift Cards Available